

## Information for Patients before Admission to Orthopedics Ward: JOINT REPLACEMENT IMPLANTATION

Dear patients, please pay attention to the following information before admission:

### Preoperative examination:

Preoperative examination is required before surgery. If you complete it at your place of residence, plan it with your GP so that it is **not more than 3 weeks old on the day of the operation**. The GP must not only perform the necessary laboratory tests, but also complete other examinations and reports from specialists. The list of required examinations is part of the **Preoperative Examination Request** that you received at the same time as these instructions when setting the date of the operation. Do not forget to bring the results with you to the check-up visit at ISCARE, which the coordinator will invite you to 9-12 days before the surgery date.

### Check-up visit:

A **check-up visit** will take place on the 9th floor of the ISCARE Clinical Centre (Českomoravská 2510/19, Prague 9, Libeň) **9-12 days before the surgery date**. During this visit, the preoperative examination is going to be checked by the anesthetist and supplemented if necessary. A blood sample for the blood bank will be taken to ensure the safest blood transfusion, you may need after surgery. You will be informed by an occupational therapist about the course of treatment and the arrangement of necessary medical products.

### Admission to hospital:

**You will be admitted to the inpatient ward on the 4th floor at 12:30 on weekdays and at 17:00 on Sundays and public holidays.** Please first register at the reception desk on the ground floor of the ISCARE Clinical Centre, after which you will be informed about the further procedure.

If acute health problems (catarrh, rhinitis, herpes, allergies, ...) occur before surgery, please inform us immediately.

If you are unable to attend the appointment for serious reasons, please notify the nurses station as soon as possible by telephone on weekdays from 07:00 to 15:30 (tel.: 234 770 366). You can also leave a message at the clinic's central reception Monday to Friday 07:00 - 19:00 (tel.: 233 770 103) or on the answering machine during non-working hours (tel.: 234 770 900).

### Bring with you:

- health insurance card and ID card
- proof of incapacity for work, if already issued (otherwise, ask at the nurses station)
- medicines you take on a regular basis (preferably in their original packaging)
- results of pre-operative examinations, if they were performed elsewhere than in our clinic
- antithrombotic stockings compression class I, extending from the toes to the groin (can be purchased at the ISCARE Pharmacy on the ground floor of the building or in medical supply stores)
- toiletries, home footwear, nightwear
- favorite book

**A week before surgery, the following medications should be discontinued:**

- Acylpyrin, Anopyrin, Aspegic, Aspirin, Aggrenox, Aspro, Brufen, Curantyl, Diclofenac, Godasal, Ibuprofen, Ibustrin, Kardegic, Olfen, Rewodina, Superpyrin, Tagren, Ticlid, Thomapyrin, Upsarin, Vessel Due and Voltaren.
- If you are taking Warfarin, it will be replaced 5 days before the procedure, after consultation with your doctor, by low molecular weight heparin given subcutaneously and your INR level will be checked on admission.
- For other NOACs (Pradaxa, Eliquis and Xarelto) for blood thinning, you will be advised about the day of conversion to low molecular weight heparin injected subcutaneously.

**Payments (according to the price list for hospitalization extras):**

Hospitalization in a single room is charged according to the current price list available on our website or from our staff. You will pay the hospitalization deposit on the day of the check-up visit at the reception desk on the 9th floor. In case you do not undergo surgery or hospitalization is shorter, the overpayment will be refunded to you, please arrange the form of refund at the reception desk on the 9th floor. You can also pay the deposit by bank transfer, no later than 5 days before admission: account number: 267607514/0300; variable symbol: patient's birth number\* or date of birth (for insured foreigners - insure number).

A room can be booked in accordance with the capacity of the inpatient ward. The rooms are equipped with their own wardrobe, television, adjustable bed and bedside table. Rooms have their own private bathroom. Free Wi-Fi internet access is also available.

**Attention:**

- The clinic and the whole building is non-smoking.
- Do not bring large luggage with you (if possible).
- Do not bring valuable jewelry or large sums of money when hospitalized, the clinic is not responsible for any loss of them.
- Women are advised not to use make-up, eye shadow and eyeliner (there is a risk of conjunctivitis). Colored nail polish and gel nails can hamper monitoring during the procedure.
- Report rings and other jewelry that cannot be removed to the nurses.
- Visits to the inpatient ward are possible daily from 15:00 to 18:00 (see the **ISCARE Building Rules** at [www.iscare.cz](http://www.iscare.cz) ) in accordance with the current government regulation and the management of ISCARE a.s.

**Speak to the nurses, examining doctors and senior consultant on the ward with confidence.**

**All ISCARE Clinical Center staff will do their best to make your stay in our medical facility more pleasant.**

*\* The use of a birth number is voluntary, but it will allow us to identify a payment more quickly and clearly.*